

## [NATIVE AMERICAN REMEDIES](#)



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Native American Herbal Remedies Asthma Skunk Cabbage. Used by the Winnebago and Dakota tribes to stimulate the removal of phlegm in asthma. The rootstock was official in the U.S. Pharmacopoeia from 1820 to 1882 when it was used in respiratory and nervous disorders and in rheumatism and dropsy.

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Native American home remedies also incorporated folklore, which expanded upon tales involving animals and plants. Sometimes, herbs were viewed effective because of their appearance in relation to a specific condition. For instance, worm root looked like worms, so it served as a common treatment for worms in the body.

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Native American tribes are known for their natural healing skills. You can get a greater understanding of their abilities when you learn about their way with plants yourself. You can get a greater understanding of their abilities when you learn about their way with plants yourself.

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### **Native American Medicine Indians**

Native American Medicine Today, there are tons of remedies intended to treat common ailments. In fact, a lot people are trading in traditional medicine for alternative therapies that are proven to offer fewer side effects.

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